



# Create-a-Dance

Items needed: Dice

1. Directions: Alternate between rolling 1 and 2 dice.
2. List the number rolled and action that matches the number in the spaces provided.
3. Put the movements together to create your own one-of-a-kind dance!

## Key:

1 - Leap

4 - Jump

7 - Move Slow

10 - Roll

2 - Pose

5 - Freeze

8 - Shake

11 - Stretch

3 - Turn

6 - Move Fast

9 - Melt

12 - Rise

Number:

Action:

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